

This is a compilation of no-cost national, state and local resources to assist educators with professional development and distance learning during school closures. Please note that the Florida Department of Education's Office of Healthy Schools is not endorsing a specific activity, strategy, organization or resource.

Substance Use and Abuse Health Education

Resource	Link	Grade Level	Brief Description
BAM! Body and Mind Classroom Resources for Teachers	https://www.cdc.gov/healthyschools/bam/teachers.htm	4-8	This CDC learning portal has lesson plans and activities related to nutrition, physical education and activity, child development, health conditions and diseases, and much more.
Brain Power by NIDA	https://teens.drugabuse.gov/teachers/brain-power	K-12	Brain Power! is designed to take students through a step-by-step exploration of the processes of science and how to use these processes to learn about scientists and the different work they do, the brain, the nervous system, and the effects of drugs on the nervous system and the body.
BrainPOP	https://go.brainpop.com/COVID19?utm_source=bp-com&utm_medium=banner&utm_campaign=coronavirus&utm_content=free-access	K-12	BrainPOP is offering free access to all BrainPOP products for 30 days. If you are applying for free access during the COVID-19 pandemic, your access will be extended as long as schools are closed. Lessons include a variety of topics including mental and emotional health, substance abuse, and internet safety.
CATCH My Breath	https://www.catch.org/bundles/23725	5-12	The University of Texas Health Science Center at Houston (UTHealth) School of Public Health to create CATCH My Breath™, a youth e-cigarette, JUUL, and vape prevention program specific to grades 5-12. The evidence-based program was shown to substantially reduce students' likelihood of vaping in the year following program implementation. The program is available for free with registration by clicking "ENROLL."
Drugs + Your Body: It Isn't Pretty	http://www.scholastic.com/drugs-and-your-body/	6-12	Drugs + Your Body: It Isn't Pretty is a science-based, web interactive for grades 6–12 that reinforces key facts of several educational resources devoted to the harmful health effects of drugs on the body
Elks National Drug Awareness Program	https://www.elks.org/dap/resources.cfm	K-12	The Elks National Drug Awareness Program strives to teach all children and parents about the dangers of illegal drug use and prevent the abuse of legalized and prescription drugs. Resources include how to teach youth about drug prevention and awareness, and include a Kids Zone with activities for children.
EVERFI AlcoholEdu for High School	http://get.everfi.com/parent-remote-learning/	9-12	EVERFI provides alcohol abuse education for grades 9-12.
Generation RX	https://www.generationrx.org/	K-12	Generation RX provides educational resources to help prevent the misuse of prescription medications and is provided through a partnership between The Ohio State University College of Pharmacy and the Cardinal Health Foundation.
KidsHealth	https://classroom.kidshealth.org/?WT.ac=ms_tab	K-12	KidsHealth in the Classroom offers educators free health-related lesson plans for PreK through 12th grade.

Lauren's Kids Safer, Smarter Families	https://safersmarterfamilies.org/	K-12	Welcome to the Safer, Smarter Families Family Safety Toolkit generator, designed to help your family address personal safety in a comfortable way. In order to create your custom Family Safety Toolkit with tips, tools, and lessons for families of children grades K-12, please create an account or login in as a guest on the next page.
Monique Burr Foundation	www.mbfpreventioneducation.org/resources	K-12	The Monique Burr Foundation for children, effective immediately, is encouraging schools to present the MBF Child Safety Matters® and MBF Teen Safety Matters® lessons remotely to educate and protect children and teens from all types of bullying, abuse and victimization. MBF programs are evidence-based and evidence-informed and are currently being used in 67 counties in nearly 2,500 schools across Florida, 23 other states, and 3 countries.
NIDA for Teens	https://teens.drugabuse.gov/parents	9-12	Get information to help you talk with your teens about drugs and their effects, and learn where to go to get help. This link provides an "Out of School Time Toolkit."
Parent Action on Drugs	https://parentactionondrugs.org/program-resources/	2-12	Parent Action on Drugs provides resources and booklets for parents with children as young as age seven regarding the prevention of drug use and abuse, among other varying topics.
PBS Learning	https://www.pbslearningmedia.org/subjects/health-and-physical-education/#.XnVv5KhKg2w	K-12	Explore the many aspects of Personal, Mental, and Emotional Health with an assortment of resources that cover topics stretching from cosmetology, to brain trauma, to pregnancy, to vaping.
Red Ribbon Campaign	http://redribbon.org/	K-12	National Family Partnership(NFP) has created the Red Ribbon Campaign. Their organization acts as a national clearinghouse of prevention literature. NFP has developed a series of prevention brochures to help educate our Partners with all the latest information on our Universal Campaigns such as: Red Ribbon Campaign, Red Ribbon Certified Schools, Lock Your Meds , and Safe Homes / Safe Parties.
Safety First: Real Drug Education for Teens	https://www.drugpolicy.org/resource/safety-first-real-drug-education-teens	9-10	Safety First: Real Drug Education for Teens is the U.S.'s first harm reduction-based drug education curriculum for high school teachers. It adheres to research-based prevention and drug education principles while equipping teens to make safer choices about drug use.
Smart Moves Smart Choices	https://smartmovesmartchoices.org/parents	K-12	Smart Moves, Smart Choices is a national awareness program designed to inform parents, teens and educators about the risks of teen prescription drug abuse and misuse, and to empower them to address this serious problem.
Start Talking! Building a Drug Free Future	https://starttalking.ohio.gov/Resources	K-12	Start Talking was developed to give parents, guardians, educators and community leaders the tools to start the conversation with youth about the importance of living healthy, drug-free lives.

Teacher Vision	https://www.teachervision.com/subjects/health-safety/substance-abuse-prevention	K-12	Children need to be educated about tobacco, alcohol, and other drugs in order to make safe decisions. Find lessons and printables to teach your students about smoking, substance abuse prevention, and health and wellness. Utilize these cross-curricular teaching resources on alcohol and drug awareness to make sure your students get the facts.
TeenMentalHealth.org	http://teenmentalhealth.org/schoolmhl/school-mental-health-literacy/mental-health-high-school-curriculum-guide/modules/introduction-to-the-modules/	9-12	TeenMentalHealth.org provides a free curriculum guide for educators to access using the password t33nh3alth with modules including classroom ready lesson plans, activities and easily accessible resources to assist them.
The Truth About Drugs	https://www.drugfreeworld.org/course/lesson/the-truth-about-drugs/?start=1&utm_source=bottom-block	9-12	Drug-Free World provides free, online courses regarding drug abuse.
Utah Education Network Prevention Dimensions	https://www.uen.org/preventiondimensions/lessons.shtml	9-12	Prevention Dimensions (PD) is a set of Utah's Safe and Drug-Free Schools and Communities resource lessons which support the Utah State Board of Education (USB) Pre-Kindergarten through Grade 12 Health Core.