

# Okaloosa County Schools

## January 2014 Cold Breakfast in the Classroom Menu



### MONDAY

**A student meal consists of 3 to 4 of these offers:**  
 Fruit or Vegetable  
 Bread /Grain (Meat Optional)  
 Non-Fat or 1% White or Non-Fat Flavored Milk

### TUESDAY

**Offered Daily**  
 Non-Fat or 1% White or Non-Fat Flavored Milk  
**Student: \$1.80**  
**Reduced \$.30**  
**Adult \$2.25**  
**Menu subject to change**

### WEDNESDAY

**Whole Grain Products offered Daily**



### THURSDAY



### FRIDAY



|  |   |   |  |  |
|--|---|---|--|--|
| <p><b>6</b></p> <p>Assorted Cereal<br/>                     Graham Crackers<br/>                     Strawberry Cup<br/>                     Choice of Milk</p>  | <p><b>7</b></p> <p>Bagel &amp; Cream Cheese<br/>                     100% Assorted Juice<br/>                     Choice of Milk</p>                    | <p><b>8</b></p> <p>Assorted Muffin Loaves<br/>                     Fresh Orange<br/>                     Choice of Milk</p>           | <p><b>9</b></p> <p>Assorted Cereal<br/>                     Cheese Stick<br/>                     Apricot Cup<br/>                     Choice of Milk</p>  | <p><b>10</b></p> <p>Yogurt &amp; Cereal<br/>                     Fresh Apple<br/>                     Choice of Milk</p>                                       |
| <p><b>13</b></p> <p>Assorted Cereal<br/>                     Cheese Stick<br/>                     Fresh Orange<br/>                     Choice of Milk</p>      | <p><b>14</b></p> <p>Yogurt<br/>                     Assorted Cereal<br/>                     Strawberry Cup<br/>                     Choice of Milk</p> | <p><b>15</b></p> <p>Bagel &amp; Cream Cheese<br/>                     100% Assorted Juice</p>   | <p><b>16</b></p> <p>Assorted Muffin Loaves<br/>                     Fresh Apple<br/>                     Choice of Milk</p>                                | <p><b>17</b></p> <p>Assorted Cereal<br/>                     Graham Crackers<br/>                     Fresh Banana<br/>                     Choice of Milk</p> |
| <p><b>20</b></p> <p>Assorted Cereal<br/>                     Graham Crackers<br/>                     Strawberry Cup<br/>                     Choice of Milk</p> | <p><b>21</b></p> <p>Bagel &amp; Cream Cheese<br/>                     100% Assorted Juice<br/>                     Choice of Milk</p>                   | <p><b>22</b></p> <p>Assorted Muffin Loaves<br/>                     Fresh Orange<br/>                     Choice of Milk</p>          | <p><b>23</b></p> <p>Assorted Cereal<br/>                     Cheese Stick<br/>                     Apricot Cup<br/>                     Choice of Milk</p> | <p><b>24</b></p> <p>Yogurt &amp; Cereal<br/>                     Fresh Apple<br/>                     Choice of Milk</p>                                       |
| <p><b>27</b></p> <p>Assorted Cereal<br/>                     Cheese Stick<br/>                     Fresh Orange<br/>                     Choice of Milk</p>      | <p><b>28</b></p> <p>Yogurt<br/>                     Assorted Cereal<br/>                     Strawberry Cup<br/>                     Choice of Milk</p> | <p><b>29</b></p> <p>Bagel &amp; Cream Cheese<br/>                     100% Assorted Juice<br/>                     Choice of Milk</p> | <p><b>30</b></p> <p>Assorted Muffin Loaves<br/>                     Fresh Apple<br/>                     Choice of Milk</p>                                | <p><b>31</b></p> <p>Assorted Cereal<br/>                     Graham Crackers<br/>                     Fresh Banana<br/>                     Choice of Milk</p> |

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