

Okaloosa County Schools

January 2014 Breakfast



MONDAY

A student meal consists of 3 to 4 of these offers:
 Fruit or Vegetable
 Bread /Grain (Meat Optional)
 Non-Fat or 1% White or Non-Fat Flavored Milk

TUESDAY

Offered Daily
 Non-Fat or 1% White or Non-Fat Flavored Milk
Student: \$1.80
Reduced \$.30
Adult \$2.25
Menu subject to change

WEDNESDAY

Whole Grain Products offered Daily



THURSDAY



FRIDAY



<p>6 Choice of One: Breakfast Pizza Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Mixed Fruit 100% Fruit Juice</p>	<p>7 Choice of One: Sausage Biscuit Assorted Cereal & Toast Yogurt & Graham Crackers Choice of Fruit Assorted Fresh Fruit Craisins 100% Fruit Juice</p>	<p>8 Choice of One: Scrambled Eggs & Grits Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Peaches 100% Fruit Juice</p>	<p>9 Choice of One: Assorted Muffin Loaves Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Raisins 100% Fruit Juice</p>	<p>10 Choice of One: Chicken Biscuit Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Baked Apple Slices 100% Fruit Juice</p>
<p>13 Choice of One: Chicken Biscuit Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Craisins 100% Fruit Juice</p>	<p>14 Choice of One: Cinnamon Roll Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Applesauce 100% Fruit Juice</p>	<p>15 Choice of One: Breakfast Burrito Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Pineapple Tidbits 100% Fruit Juice</p>	<p>16 Choice of One: Sausage Biscuit Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Pears 100% Fruit Juice</p>	<p>17 Choice of One: Pancake on a Stick Assorted Cereal & Toast Choice of Fruit: Assorted Fresh Fruit Chilled Mixed Fruit 100% Fruit Juice</p>
<p>20 Choice of One: Breakfast Pizza Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Pineapple Tidbits 100% Fruit Juice</p>	<p>21 Choice of One: Sausage Biscuit Assorted Cereal & Toast Yogurt & Graham Crackers Choice of Fruit Assorted Fresh Fruit Strawberries 100% Fruit Juice</p>	<p>22 Choice of One: Toast & Grits Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Raisins 100% Fruit Juice</p>	<p>23 Choice of One: Assorted Muffin Loaves Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Peaches 100% Fruit Juice</p>	<p>24 Choice of One: French Toast Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Craisins 100% Fruit Juice</p>
<p>27 Choice of One: Maple Waffle Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Pears 100% Fruit Juice</p>	<p>28 Choice of One: Cinnamon Roll Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Applesauce 100% Fruit Juice Choice of</p>	<p>29 Choice of One: Chicken Biscuit Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Craisins 100% Fruit Juice</p>	<p>30 Choice of One: Breakfast Burrito Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Baked Apple Slices 100% Fruit Juice</p>	<p>31 Choice of One: Sausage Biscuit Assorted Cereal & Toast Choice of Fruit Assorted Fresh Fruit Chilled Mixed Fruit 100% Fruit Juice</p>

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."